

The American Lung Association reports that controlling allergies and asthma begins at your RV/Home.

By reducing the allergens around your RV that trigger attacks, you can breathe easier and reduce your susceptibility to future episodes.

When it comes to allergies, there are thousands of irritants that can potentially cause allergy and asthma attacks, but researchers estimate that at least 80% of these attacks are triggered by one common culprit: Dust mite feces. Sounds nasty, doesn't it? It is.

Have you ever seen a dust mite up close? Chances are you wouldn't. Dust mites are microscopic creatures that lurk about your RV unseen. When magnified, however, these itty, bitty insects look like spiders!



Seven thousand of these creatures can fit on a single fingernail. Up to two hundred million dust mites can infest your RV at any given time, and they can double their population in ten hours. But this isn't the real problem, the trouble is each dust mite can produce up to 40 pieces of feces a day and it is a protein in this refuse that research reveals cause most allergy and asthma attacks.



Carpeting, furniture, mattresses, pillows and stuffed animals serve as breeding grounds for dust mites and are littered with their dead bodies and waste. In fact, it's estimated that at least one-tenth of the weight of your two year old pillow is dust mite feces.

As you walk across your carpet in your RV, any feces in the fibers are launched airborne and can hang around in the air for quite some time, ending up on your eyes, nose, and even in your lungs.

**Dust mite feces is one of the hardest allergens to control, but it's not impossible. There are steps that you can take today to help rid your RV of this problem. First...**

- Place your mattresses and pillows in allergy-impermeable covers
- Wash your all your bedding and pillows in hot water once a week
- Vacuum regularly, using a "high-efficiency particulate air filter", HEPA filter, so that microscopic allergens aren't released back into the air through your vacuum's exhaust.
- Electrostatic filters helps remove airborne particles and some dust mites.
- Professionally clean your upholstery, drapes and curtains every six months to a year.
- **And most importantly, clean your carpets every three to six months using hot water extraction to get your carpets thoroughly cleaned.**

**To get all the dirt, allergens, chemicals and other pollutants out, major carpet manufacturers recommend one cleaning method over all the others - hot water extraction. A shampooer that you rent from the grocery store can't even begin to deliver the same results. Here's why:**

- **For every 18 degree increase in water temperature above 118 degrees Fahrenheit, the water's cleaning ability is doubled. This means hot water extraction can get you carpets 4 to 5 times cleaner...**
- The equipment used for hot water extraction shoots the cleaning solution into your carpet at a high pressure to break up all the allergens, dirt and other pollutants.
- Then the equipment uses strong suction to draw out all residues, including dust mite feces from your carpet, leaving you with not only a clean carpet but also a healthy carpet.
- **Carpets dry in two to three hours, leaving you with a clean carpet and less allergens to trigger an attack.**

Remember the Carpet Extraction process takes roughly 2-4 hours to dry, in some cases maybe longer (very dirty) so planning ahead is paramount. We have booty's that you can wear if you need to hit the road. If you have the time come on up to the Oasis Grille and watch a game and have a few beverages and something to eat or plan a day trip utilizing our "things to do" recommendations!!

Thanks for your business and pray for our military.

Thomas and Jamie

Dear Amber

I must admit when you showed me that disgusting fish bowl and told me that water was extracted from a relatively new RV I thought you were trying to sell me something I didn't need. After talking with Bon (my Partner) he reminded me that we were visiting the grand kids who have allergies, that we should try it. Well I'm a believer! I still can't believe the color of that water after Thomas the owner cleaned our carpets. He reassured me that it was normal and took about 15 minutes explaining to me that if I vacuumed the carpets 3 times a day we would not get the low lying dirt and Mite feces. So the next time we come by sign me up for a carpet extraction!!

Jamie Howarth & Bon Von Velton

Boston, Mass

Dear Oasis,

Wow what a great place! We took advantage of everything but the Bar (not open) We got are stupid awning fixed for good this time! Jerry stoved up his back so we had the bus washed (what a deal) stayed the 3<sup>rd</sup> night free! And I got my carpets cleaned. Thomas the owner made a point to show me the dirty water from my carpets, holy cow! You can bet we will be bragging on you guys!!

Good Luck

Jerry and Peg

Friendship, IN